

# Healthy Discounts

GET HEALTHY, STAY HEALTHY AND SAVE MONEY WITH HEALTHY DISCOUNTS!



HealthNet.com

## Manage your weight

#### WeightWatchers

www.weightwatchers.com/us/healthnet 866-896-2655 (TTY: 711)

Health Net partnered with WeightWatchers to help you reach your weight loss and wellness goals.

- The WW program allows you to lose weight while eating the foods you love, and guides you towards eating healthier, moving more, and developing a positive mindset.
- Health Net Medicare Plan Members get an exclusive discount.
   Please call Health Net Member Services at 1-800-275-4737 (TTY: 711).
   From October 1 through March 31, our office hours are 7 days a week from 8:00 a.m. to 8:00 p.m. From April 1 through September 30, our office hours are Monday through Friday from 8:00 a.m. to 8:00 p.m. A messaging system is used after hours, weekends and on federal holidays.
- For more information, visit WW.com/us/healthnet
- Already a WW member? You can sync your current WW account to get this discount online or by contacting customer service at 866-896-2655 (TTY: 711).



Find a Healthy Discounts partner
Call or go online. Make an appointment
and be sure to show your Health Net
ID card to receive your discount.

## Chiropractic, acupuncture and more

### ChooseHealthy

877-335-2746 (TTY: 711)

Sign up at **www.healthnet.com** (Group members) or **www.myhealthnetca.com** (Individual & Family Plan members) to access the ChooseHealthy website, found under the Wellness Center tab. Receive a 25 percent discount on fees from network acupuncturists, chiropractors and massage therapists. HealthNet members also have access to PT/OT, Podiatry, and Nutrition Services.

## Health and wellness products

## ChooseHealthy & ChooseHealthy Store

877-335-2746 (TTY: 711)

Enroll at **www.healthnet.com** (Group members) or **www.myhealthnetca.com** (Individual & Family Plan members) to access the ChooseHealthy website, found under the Wellness Center tab. Through the ChooseHealthy store, you can buy health and wellness products at a discount. Health Net members receive free standard shipping on most orders

Visit www.eyemedvisioncare.com> Members>Login/Register and select "H" under the Discount Plan members to view Health Net discount program information (plan 9235003).





## Hearing aids and screenings

### **Hearing Care Solutions**

www.hearingcaresolutions.com 866-344-7756 (TTY: 711)

For more information or to make an appointment, call between Monday–Friday, 5 a.m. to 5 p.m. Pacific time or visit the Hearing Care Solutions website.

Health Net members and their families receive free hearing exams and discounts on hearing aids. All hearing aids include:

- Choice of up to 9 major manufacturers
- Fixed discounted pricing at multiple levels of technology
- 60-day evaluation period
- Three-year warranty (includes coverage for repair, loss and damage)
- 2-year supply of batteries (up to 128 cells per ear, included with purchase of non-rechargeable hearing aids only)
- Follow-up care for one year with the original fitting provider

### **NationsHearing**

www.nationshearing.com/healthnet 800-996-0234

Health Net members receive:

- Annual hearing exam with no out of pocket cost when obtain through a participating provider.
- 60-day, money back guarantee.
- · Hearing aid fitting by a participating provider.
- Three-follow up appointments to a participating provider.
- 60-batteries per year per aid (three-year supply, does not apply to rechargeable hearing aid models).
- One-time replacement coverage for lost, stolen or damaged hearing aid (deductible applies).
- Earmold(s)- first set, when there is a clinical need.
- 36-months manufacturers repair.
- Financing options
- Concierge services by Member Experience Advisors.

For more information, call or visit the NationsHearing website at **https://www.nationshearing.com/healthnet**.

ATTENTION: If you need help in your language, call 1-800-275-4737 (TTY: 711). Aids and services for people with disabilities, like documents in braille and large print, are also available. Call 1-800-275-4737 (TTY: 711). These services are free.

انتباه: إذا كنت بحاجة إلى مساعدة بلغتك، فاتصل على 4737-275-800-1 (711: TTY). تتوفر أيضًا مساعدات وخدمات للأشخاص ذوي الإعاقات مثل المستندات بطريقة برايل وبطباعة كبيرة. اتصل على 4737-473-800-1 (717: TTY). هذه الخدمات مجانية.

ՈՐՇԱԴՐՈՐԹՅՈՐՆ. Եթե ցանկանում եք օգնություն ստանալ ձեր լեզվով, զանգահարեք 1-800-275-4737 (TTY` 711)։ Յասանելի են նաև հաշմանդամություն ունեցող անձանց համար նախատեսված օժանդակ միջոցներ և ծառայություններ, օրինակ` բրայլյան գրատեսակով և խոշոր տառաչափով փաստաթղթեր։ Ձանգահարեք 1-800-275-4737 (TTY` 711)։ Այս ծառայություններն անվճար են։

注意:如果您需要以您的语言提供的帮助,请致电1-800-275-4737 (TTY:711)。此外,还为残疾人提供辅助和相关服务,如盲文文件和大字体文件。请致电1-800-275-4737 (TTY:711)。这些服务均免费提供。

注意:如果您需要以您母語提供的協助,請致電 1-800-275-4737 (TTY:711)。我們也為殘疾人士提供輔助和服務,例如點字和大字體印刷的文件。請致電 1-800-275-4737 (TTY:711)。這些服務均為免費。

ਧਿਆਨ ਦਿਓ: ਜੇ ਤੁਹਾਨੂੰ ਆਪਣੀ ਭਾਸ਼ਾ ਵਿੱਚ ਮਦਦ ਦੀ ਲੋੜ ਹੈ, ਤਾਂ 1-800-275-4737 (TTY: 711) 'ਤੇ ਕਾਲ ਕਰੋ। ਬਰੇਲ ਲਿਪੀ ਅਤੇ ਵੱਡੇ ਪ੍ਰਿੰਟ ਵਿੱਚ ਦਸਤਾਵੇਜ਼ਾਂ ਵਰਗੀਆਂ ਅਸਮਰੱਥਾ ਵਾਲੇ ਲੋਕਾਂ ਲਈ ਸਹਾਇਤਾ ਅਤੇ ਸੇਵਾਵਾਂ ਵੀ ਉਪਲਬਧ ਹਨ। 1-800-275-4737 (TTY: 711) 'ਤੇ ਕਾਲ ਕਰੋ। ਇਹ ਮੁਫ਼ਤ ਸੇਵਾਵਾਂ ਹਨ।

ध्यान दें: अगर आपको अपनी भाषा में सहायता की आवश्यकता है, तो 1-800-275-4737 (TTY: 711) पर कॉल करें. विकलांग लोगों के लिए ब्रेल और बड़े प्रिंट में दस्तावेज जैसी सहायताएं और सेवाएं भी उपलब्ध हैं. 1-800-275-4737 (TTY: 711) पर कॉल करें. ये सेवाएं निःशुल्क हैं. THOV MUAB SIAB RAU: Yog tias koj xav tau kev pab ua koj hom lus, ces hu rau 1-800-275-4737 (TTY: 711). Tsis tas i ntawd, peb tseem muaj cov neeg pab thiab cov kev pab cuam rau cov neeg uas muaj cov kev xiam oob qhab, xws li cov ntaub ntawv ua ntawv su rau neeg dig muag thiab ntawv luam loj. Hu rau 1-800-275-4737 (TTY: 711). Cov kev pab cuam no pab dawb xwb.

注意:言語のヘルプが必要な場合は1-800-275-4737 (TTY:711) までお電話ください。障害をお持ちの方には、点字や大判プリントなどの補助機能やサービスもご利用になれます。1-800-275-4737 (TTY:711) にお電話ください。これらのサービスは無料です。

주의: 귀하의 구사 언어로 도움을 받으셔야 한다면 1-800-275-4737(TTY: 711)번으로 연락해 주십시오. 점자 및 큰 활자인쇄 형식으로 된 문서 등장애인을 위한 도움 및 서비스도 제공됩니다. 1-800-275-4737(TTY: 711)번으로 연락해 주십시오. 이러한 서비스는 무료입니다.

ຂໍ້ຄວນເອົາໃຈໃສ່: ຫາກທ່ານຕ້ອງການຄວາມຊ່ວຍເຫຼືອເປັນພາສາຂອງທ່ານ, ໃຫ້ ໂທຫາ 1-800-275-4737 (TTY: 711). ນອກຈາກນີ້ ຍັງມີຄວາມຊ່ວຍເຫຼືອສຳລັບຜູ້ ພິການ ເຊັ່ນ: ເອກະສານເປັນອັກສອນນູນ ແລະ ຕົວພິມໃຫຍ່ອີກດ້ວຍ. ໃຫ້ໂທຫາ 1-800-275-4737 (TTY: 711). ບໍລິການເຫຼົ່ານີ້ຟຣີ.

LIOUH EIX: Oix se nongc zuqc meih nyei wac jouh mienh bong zouc, cingv mboqv 1-800-275-4737 (TTY: 711). Hac haih weic waic fangx mienh zoux sic taengx qaqv, hnangv mangh wenh souh nzangc caux domh nzangc yenx benx nyei souh nzangc. Mboqv 1-800-275-4737 (TTY: 711). Naiv deix bong taengx meih se mv siou zinh.

ចំណាំ៖ ប្រសិនបើអ្នកត្រូវការជំនួយជាភាសារបស់អ្នក សូមទូរសព្ទទៅលេខ 1-800-275-4737 (TTY: 711) ជំនួយនិងសេវាកម្មសម្រាប់ជនពិការ ដូចជាឯកសារជា អក្សរស្ទាបសម្រាប់ជនពិការភ្នែក និងពុម្ពអក្សរធំ ក៏មានផងដែរ។ សូមទូរសព្ទទៅលេខ 1-800-275-4737 (TTY: 711)។ សេវាទាំងនេះមិនគិតថ្លៃនោះទេ។

توجه: اگر به زبان خودتان نیاز به کمک دارید با شماره 4737-275-800-1 (TTY: 711) تماس بگیرید. پشتیبانی و خدمات برای افراد دارای معلولیت، مانند اسناد با خط بریل و چاپ درشت، نیز موجود است. با شماره 4737-275-800-1 (TTY: 711) تماس بگیرید. این خدمات رایگان است.

ВНИМАНИЕ: если вам требуется помощь на родном языке, позвоните по номеру 1-800-275-4737 (ТТҮ: 711). Также доступны сопутствующая помощь и услуги для людей с ограниченными возможностями, такие как материалы, напечатанные крупным шрифтом и шрифтом Брайля. Позвоните по номеру 1-800-275-4737 (ТТҮ: 711). Эти услуги предоставляются бесплатно.

ATENCIÓN: Si necesita ayuda en su idioma llame al 1-800-275-4737 (TTY: 711). También están disponibles ayudas y servicios para personas con discapacidades, como documentos en Braille y letra grande. Llame al 1-800-275-4737 (TTY: 711). Estos servicios son gratuitos.

ATENSYON: Kung kailangan ninyo ng tulong sa inyong wika, tumawag sa 1-800-275-4737 (TTY: 711). Available din ang mga tulong at serbisyo para sa mga taong may kapansanan, gaya ng mga dokumento sa braille at malaking print. Tumawag sa 1-800-275-4737 (TTY: 711). Libre ang mga serbisyong ito.

โปรดทราบ: หากคุณต้องการความช่วยเหลือเป็นภาษาของคุณ โปรดโทร 1-800-275-4737 (TTY: 711) นอกจากนี้ ยังมีความช่วยเหลือและบริการสำหรับ ผู้พิการ เช่น เอกสารทีเป็นอักษรเบรลล์และเอกสารที่ใช้ตัวอักษรขนาดใหญ่ โปรดโทร 1-800-275-4737 (TTY: 711) บริการเหล่านี้ไม่มีค่าใช้จ่าย

УВАГА! Якщо ви потребуєте підтримки своєю мовою, телефонуйте за номером 1-800-275-4737 (ТТҮ: 711). Також доступні засоби та послуги для людей з обмеженими можливостями, як-от документи шрифтом Брайля та великим шрифтом. Телефонуйте за номером 1-800-275-4737 (ТТҮ: 711). Ці послуги безкоштовні.

CHÚ Ý: Nếu quý vị cần trợ giúp bằng ngôn ngữ của quý vị, hãy gọi số 1-800-275-4737 (TTY: 711). Các hỗ trợ và dịch vụ dành cho người khuyết tật, chẳng hạn như tài liệu bằng chữ nổi và bản in cỡ chữ lớn cũng được cung cấp. Gọi số 1-800-275-4737 (TTY: 711). Các dịch vụ này miễn phí.

The ChooseHealthy program is not insurance. It does not meet minimum creditable coverage requirements under the Affordable Care Act or other state law. You get discounts from participating specialty health care providers when your sponsoring organization's plan includes this feature. You must pay for all services from participating providers. Discounts will vary by type of provider and services received. The ChooseHealthy program does not make any payments to participating providers. Check any insurance benefits you have before using this discount program. Those benefits may result in lower costs to you. The ChooseHealthy program has no liability for the quality of services rendered, and it does not guarantee services or products. Discounts on products and services available through the ChooseHealthy program are subject to change. Before you enroll in ChooseHealthy, you can check currently available products and participating providers through the ChooseHealthy link on your sponsoring organizations' website. Once enrolled with ChooseHealthy, you may login directly at ChooseHealthy.com to see the same information. Not all provider types may be available in all states. You may unenroll or cancel at any time. Refunds do not apply because your sponsoring organization provides the ChooseHealthy program to you at no cost.

The ChooseHealthy program is provided by American Specialty Health Group Inc. and ASH Technologies Inc. (dba ASH Technologies of Delaware Inc. in the state of Pennsylvania); all are subsidiaries of American Specialty Health Incorporated (ASH). ASH is an independent specialty health organization, offering musculoskeletal health provider networks and programs, fitness center networks and programs, and well-being solutions on behalf of health plans, employers, and other clients.

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