

Mail Service Pharmacy™ and Maintenance Choice® Program

FLEXIBILITY AND REDUCED COST ALL IN ONE

As a Health Net member, you can **save time and hassle and reduce your costs** by using the Maintenance Choice program at a CVS Pharmacy or the CVS Caremark Mail Service Pharmacy.

Two options – one choice for convenience!

You have two options for filling and refilling your three-month¹ maintenance prescriptions:

1 The Maintenance Choice program at a CVS Pharmacy®

Advantages of a CVS Pharmacy retail location:

- Pick up your medications directly from the pharmacy at a time that is convenient for you.
- Same-day prescription availability.
- Talk face to face with a pharmacist.

Please note: After the third fill of a maintenance medication at a retail pharmacy, you are required to obtain (90-day supply) using either the CVS Caremark® Mail Service Pharmacy or your local CVS Pharmacy retail location. The choice is up to you; the copayment is the same either way.



With both options, you can receive up to a three-month² supply of your maintenance medications, usually at a lower cost than if you filled three 30-day prescriptions at a retail pharmacy.

2 The Mail Service Program through the CVS Caremark® Mail Service Pharmacy²

Advantages of the CVS Caremark Mail Service Pharmacy:

- Convenient home delivery.
- Receive your medications in confidential, tamper-resistant and (when necessary) temperature-controlled packaging.
- **Have questions?** Talk to a pharmacist by phone.

(continued)

What is a maintenance medication?

A maintenance medication is a prescription drug taken continuously to manage chronic or long-term conditions, such as high blood pressure, asthma, diabetes, or high cholesterol, and when dosage adjustments are either no longer required or made infrequently.¹

Non-maintenance medications include:

- Antibiotics that treat infections.
- Drugs used for pain and/or acute medical conditions.
- Drugs not taken routinely on an ongoing basis.
- Drugs that have a specified course of therapy.
- Drugs for which the physician must occasionally adjust the dose for a patient.

What is the benefit of this program?

Using mail service or obtaining your maintenance medications from a CVS Pharmacy allows you to fill up to a three-month¹ supply, usually at a reduced copayment, ultimately minimizing your out-of-pocket costs. You'll enjoy the ease and convenience of mail service, or pick up your medications at a time that is convenient for you at a CVS Pharmacy.

Getting started

There are several ways to start your three-month¹ supply of maintenance medications with CVS Caremark:

- Call the CVS Caremark Maintenance Choice program¹ at 888-624-1139 to have your prescriptions filled through the CVS Caremark Mail Service Pharmacy or at a CVS Pharmacy retail location.
- Go to your nearest CVS Pharmacy retail location. The pharmacy will contact your doctor to obtain your three-month¹ prescription.
- Have your doctor send your three-month¹ prescription to the CVS Caremark Mail Service Pharmacy in one of the following ways:

Call: 800-378-5697

Fax: 800-378-0323



For more information

For more information about CVS Caremark, call **888-624-1139**.

To learn more about your pharmacy benefits, call Health Net Member Services at the number listed on your ID card or log into www.healthnet.com/lausd.

¹Actual quantity may vary depending on your plan. Check with the pharmacy for coverage of specific prescription drugs.

²For either option, you may be responsible for a copayment. See the prescription drug coverage details of your health plan for copayment information in your health coverage document.